



2 DAY LX LEADERSHIP BOOT CAMP

In an interactive and impactful Boot Camp style workshop, LX - Leadership Xelerator Foundations will equip new, emerging and existing leaders with the latest theories, strategies and tools to develop their leadership skills.

Receive a Leadership Foundations Certificate!

Program Outline	Program Outcomes
<p>COMMUNICATION AND EI FOR LEADERS</p> <p>Through interactive exercises participants will learn how different communication styles (introvert, extrovert, process focus and people focus) influence their responses and reactions in day-to-day business situations. Participants gain the ability to understand, manage and leverage emotional intelligence to deal with conflict and to relate to others more effectively.</p>	<ul style="list-style-type: none"> • Identify different communication styles and how they drive behaviour • Understand how the different elements of communication impact relationships and behaviour • Identify key components of emotional intelligence • Learn how emotional intelligence can defuse emotional conversations and increase positive outcomes
<p>LEADING FOR EXCELLENCE</p> <p>Supervisors and managers develop techniques to successfully lead, engage and motivate team members and to build strong, positive working relationships and credibility so they can effectively communicate for outstanding results.</p>	<ul style="list-style-type: none"> • Identify the difference between managing and leading • Discuss leadership best practices and roadblocks • Recognize how some leadership practices can cause employees to leave • Understand when to use different leadership styles to improve relationships and build trust
<p>COACHING FOR EXCELLENCE</p> <p>Provides leaders with coaching skills and best practice tools to develop team members with effective on the job coaching. Through a solid understanding of coaching techniques enabling them to develop and grow their teams, participants will understand the benefits of using just in time coaching to overcome obstacles that cause coaching avoidance.</p>	<ul style="list-style-type: none"> • Define and discuss best practices in coaching • Identify the difference between coaching and performance management • Use questioning, listening and FAB feedback to coach individuals • Understand how to deliver timely, bite sized coaching through a 3-step process • Apply, practice and critique application of coaching
<p>TEAM BUILDING & TRAINING EXCELLENCE</p> <p>Leaders will understand how to effectively communicate, build strong sustainable relationships, resolve conflict and contribute to a team environment. Leaders will also learn professional skills to successfully build, adapt and execute comprehensive workplace training.</p>	<ul style="list-style-type: none"> • Define what makes a high performing team • Understand how to assess a team’s alignment and success • Discuss the elements of team trust and the causes of conflict • Identify a leader’s role in effective onboarding • Learn how to set team members up for success through work place training best practices

To learn more about the program, please contact Sherry Sibio, V.P. Client Solutions, OTEC
 ssibio@otec.org, (416)622.1975, or (800)557.6832 ext: 212
www.otec.org

